

Lipohypertrophy

Check your injection sites for lumps and bumps¹

Thickened skin or rubbery lumps and bumps can build up in the fatty layer under the skin at your injection sites.²

Do not inject into these lumps and bumps. These areas are called lipohypertrophy or 'lipos'.¹

You should check your injection sites for these lumps and bumps on a regular basis. If you inject into these lumps and bumps, your medication may not control your diabetes the way it's supposed to.¹



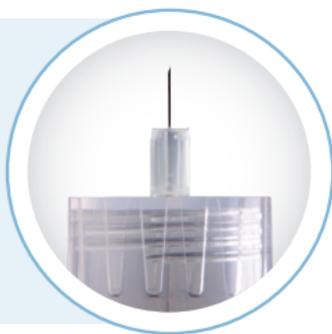
To avoid developing these lumps and bumps, be sure to:¹

- Inject your medication into a new site with every injection.
- Use a new needle for every injection.

Your healthcare professional should also help you check for them, and mark any lipos that are of concern.¹

Always use a new needle

to avoid developing lumps and bumps that can affect how your medication is absorbed. Using a new needle every time you inject can also help minimise pain.²



References:

1. Frid AH, Kreugel G, Grassi G et al. Mayo Clin Proc. 2016;91(9):1231–1255
2. Blanco M, Hernandez M, Strauss K et al. Diabetes Metab. 2013; 39(5): 445-53.

Always consult your Healthcare Professional regarding treatment of your Diabetes.